

PRICE LIST

SWIM & GYM DAILY

Adult Swim/ Gym	€7.50
Child Swim (3-15yrs inclusive)	€4.00
OAP/Unemployed/Student*	€5.00
Family (2Adults & 3Kids)	€19.00
Inflatable	€4.00

WEEKLY MEMBERS

Adult Swim/Gym	€15.00
OAP/Unemployed/Student*	€12.00
Family (2Adults & 3Kids)	€40.00
Child Swim <16	€12.00
Aqua Weekly	€20.00

MONTHLY MEMBERS

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student*	€35.00
Family	€90.00

*Student ID required

ANNUAL MEMBERS

Adult	€375
Family	€750
Husband & Wife	€600

SWIM LESSONS

Adult	€50
Child	€60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

EXERCISE CLASSES

MONDAY

Aqua Aerobics 9.45am & 7.00pm

TUESDAY

Aqua Aerobics 9:45am & 7.00pm

WEDNESDAY

Aqua Aerobics 9:45am & 7.00pm

THURSDAY

Aqua Aerobics 7:00pm - 7.45pm
Adult Lane Swimming 8.00pm - 9.00pm

FRIDAY

Aqua Aerobics 9:45am-10.30am

Private Gym / Class Available on request

GYM HOURS

Monday	8.00am- 9.45pm
Tuesday	7.00am - 9.45pm
Wednesday	8.00am – 9.45pm
Thursday	7.15am – 9.45pm
Friday	7.15am – 8.45pm
Saturday	9.00am – 5.00pm
Sunday	10.15am – 5.00pm

Follow us on....



051 640955
seankellysc@gmail.com
seankellysportscentre.com



July/August



MAKING FITNESS FUN!

**Gym, Swim, Cardio
Kids Clubs + Much More**

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Swim times are open to change at short notice.
Please check our Facebook page for daily updates.

<p><u>Sunday 15th July</u> 12.00 – 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00</p> <p><u>Gym Open 10.15am</u></p>	<p><u>Monday 16th July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45(AO) 3.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.45 – 9.45 (AO)</p>	<p><u>Tuesday 17th July</u> 7.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00– 3.45 4.00 – 6.45 Aqua Aerobics 7.00 pm 7.45 – 9.45 (AO)</p>	<p><u>Wednesday 18th July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9:45am 10.30 – 12.00 12.45 – 1.45 (AO) 2. 00– 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.45 – 9.45 (AO)</p>	<p><u>Thursday 19th July</u> 7.15-9.00 (AO) 9.00-10.45 11.00 – 12.00 12.45-1.45(AO) 3.00 -3.45 6.00-6.45 Aqua Aerobics 7.00pm 9.00-9.45 (AO)</p>
<p><u>Friday 20th July</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 4.00-5.45 6.00 – 8.45</p>	<p><u>Saturday 21st July</u> 9.30 – 12.00 1.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00</p> <p><u>Gym Open 9.00am</u></p>	<p><u>Sunday 22nd July</u> 12.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00</p> <p><u>Gym Open 10.15am</u></p>	<p><u>Monday 23rd July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45(AO) 2.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.45 – 9.45 (AO)</p>	<p><u>Tuesday 24th July</u> 7.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00– 3.45 4.00 – 6.45 Aqua Aerobics 7.00 pm 7.45 – 9.45 (AO)</p>
<p><u>Wednesday 25th July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9:45am 10.30 – 12.00 12.00 – 12.45(Half Pool) 12.30 – 1.45 (AO) 2. 00– 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.45 – 9.45 (AO)</p>	<p><u>Thursday 26th July</u> 7.15-9.00 (AO) 9.00-10.45 11.00 – 12.45 12.45-1.45(AO) 3.00-3.45 6.00-6.45 Aqua Aerobics 7.00pm 9.00-9.45 (AO)</p>	<p><u>Friday 27th July</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 4.00-5.45 6.00 – 8.45</p>	<p><u>Saturday 28th July</u> 9.30 – 12.00 1.00 – 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00</p> <p><u>Gym Open 9.00am</u></p>	<p><u>Sunday 29th July</u> 12.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00</p> <p><u>Gym Open 10.15am</u></p>
<p><u>Monday 30th July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45(AO) 2.00 - 3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.45 – 9.45 (AO)</p>	<p><u>Tuesday 31st July</u> 7.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 4.00 – 6.45 Aqua Aerobics 7.00 pm 7.45 – 9.45 (AO)</p>	<p><u>Wednesday 1st August</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9:45am 10.30 – 12.00 12.00 – 12.45(Half Pool) 12.30 – 1.45 (AO) 2. 00– 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.45 – 9.45 (AO)</p>	<p><u>Thursday 2nd August</u> 7.15-9.00 (AO) 9.00-10.45 11.00 – 12.45 12.45-1.45(AO) 3.00-3.45 6.00-6.45 Aqua Aerobics 7.00pm 9.00-9.45 (AO)</p>	<p><u>Friday 3rd August</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 4.00-5.45 6.00 – 8.45</p>