

PRICE LIST

SWIM & GYM DAILY

Adult Swim/ Gym	€7.50
Child Swim (3-15yrs inclusive)	€4.00
OAP/Unemployed/Student*	€5.00
Family (2Adults & 3Kids)	€19.00
Inflatable	€4.00

WEEKLY MEMBERS

Adult Swim/Gym	€15.00
OAP/Unemployed/Student*	€12.00
Family (2Adults & 3Kids)	€40.00
Child Swim <16	€12.00
Aqua Weekly	€20.00

MONTHLY MEMBERS

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student*	€35.00
Family	€90.00

*Student ID required

ANNUAL MEMBERS

Adult	€375
Family	€750
Husband & Wife	€600

SWIM LESSONS

Adult	€50
Child	€60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

EXERCISE CLASSES

MONDAY

Aqua Aerobics **10.15am**

TUESDAY

Aqua Aerobics **9:45am & 7.00pm**

WEDNESDAY

Aqua Aerobics **9:45am & 7.00pm**

THURSDAY

Aqua Aerobics **7:00pm - 7.45pm**
Active Aging 10.00am 11.00am

FRIDAY

Aqua Aerobics **9:45am-10.30am**

Private Gym / Class Available on request

GYM HOURS

Monday	6.30am- 9.45pm
Tuesday	7.00am - 9.45pm
Wednesday	6.30am – 9.45pm
Thursday	6.15am – 9.45pm
Friday	7.15am – 8.45pm
Saturday	8.30am – 5.45pm
Sunday	9.45am – 5.45pm

Follow us on....



051 640955
 seankellysc@gmail.com
 seankellysportscentre.com



February



MAKING FITNESS FUN!

**Gym, Swim, Cardio
 Kids Clubs + Much More**

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Swim times are open to change at short notice.
 Please check our Facebook page for daily updates.

<p><u>Thursday 31st January</u> 7.30 – 9.00(AO) 9.00 – 10.45 11.00 – 12.45 12.45 – 1.45(AO) 2.00 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 9.00 – 9.45(AO)</p>	<p><u>Friday 1st February</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 12.45 – 1.45 (AO) 2.30 – 3.45 7.30 – 9.00</p>	<p><u>Saturday 2nd February</u> 10.00 – 12.00 1.00 – 2.45 3.00 – 4.45 <u>Gym Open 8.30am</u></p>	<p><u>Sunday 3rd February</u> 12.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.45 <u>Gym Open 9.45am</u></p>	<p><u>Monday 4th February</u> 8.00 – 9.00 (AO) 9.00 – 10.15 Aqua Aerobics 10.15am 11.00 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 6.00 – 7.45 8.00 – 9.00(Half Pool)AO 7.45 – 9.45 (AO)</p>
<p><u>Tuesday 5th February</u> 7.00-9.00 (AO) 9.00 - 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45-1.45(AO) 2.30-3.45 6.00-6.45 Aqua Aerobics 7.00pm 9.00 -9.45 (AO)</p>	<p><u>Wednesday 6th February</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00pm 8.00 – 9.00(Half Pool) 9.00– 9.45(AO)</p>	<p><u>Thursday 7th February</u> 7.30 – 9.00(AO) 9.00 – 10.45 11.00 – 12.45 12.45 – 1.45(AO) 2.00 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 9.00 – 9.45(AO)</p>	<p><u>Friday 8th February</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 12.45 – 1.45 (AO) 2.30 – 3.45 7.30 – 9.00</p>	<p><u>Saturday 9th February</u> 10.00 – 12.00 1.00 – 2.45 3.00 – 4.45 <u>Gym Open 8.30am</u></p>
<p><u>Sunday 10th February</u> 12.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.45 <u>Gym Open 9.45am</u></p>	<p><u>Monday 11th February</u> 8.00 – 9.00 (AO) 9.00 – 10.15 Aqua Aerobics 10.15am 11.00 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 6.00 – 7.45 8.00 – 9.00(Half Pool)AO 9.00 – 9.45 (AO)</p>	<p><u>Tuesday 12th February</u> 7.00-9.00 (AO) 9.00 - 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45-1.45(AO) 2.30-3.45 6.00-6.45 Aqua Aerobics 7.00pm 9.00 -9.45 (AO)</p>	<p><u>Wednesday 13th February</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00pm 8.00 – 9.00(Half Pool) 9.00– 9.45(AO)</p>	<p><u>Thursday 14th February</u> 7.30 – 9.00(AO) 9.00 – 10.45 11.00 – 12.45 12.45 – 1.45(AO) 2.00 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 9.00 – 9.45(AO)</p>
<p><u>Friday 15th February</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua aerobics 9.45am 12.45 – 1.45 (AO) 2.30 – 3.45 7.30 – 9.00</p>	<p><u>Saturday 16th February</u> 10.00 – 12.00 1.00 – 2.45 3.00 – 4.45 <u>Gym Open 8.30am</u></p>	<p><u>Sunday 17th February</u> 12.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.45 <u>Gym Open 9.45am</u></p>	<p><u>Monday 18th February</u> 8.00 – 9.00 (AO) 9.00 – 10.15 Aqua Aerobics 10.15am 11.00 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 6.00 – 7.45 8.00 – 9.00(Half Pool)AO 9.00 – 9.45 (AO)</p>	<p><u>Tuesday 19th February</u> 7.00-9.00 (AO) 9.00 - 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45-1.45(AO) 2.30-3.45 6.00-6.45 Aqua Aerobics 7.00pm 9.00 -9.45 (AO)</p>